CHURCH OF THE HOLY TRINITY

19 TRINITY SQUARE



Homeless memorial @ noon every second Tuesday of each month w/ lunch at 12:45pm.

NATIVE WOMEN'S RESOURCE

191 GERRARD ST. E.



FOOD (TAKEAWAY MEALS)

Mon-Fri: 12pm-1pm Grocery support every Friday

PHONE: 416-963 - 9963

by appointment

COVENANT HOUSE TORONTO

20 GERRARD ST. E

DROP-IN HOURS Mon to Sun: 12pm-6:45pm

*If possible, call first

FOOD BANK TIME For Youth: Fridays at 11pm-6pm

PHONE: 416-598-4898

Youth 16-24

GOOD SHEPHERD CENTRE

412 QUEEN ST. E. 1.7 KM

DROP-IN HOURS

• Daily: 9am - 11am

FOOD (TAKEOUT) TIMES Daily: 2pm - 4pm

CLOTHING ROOM

Mon to Fri: 9am - 11am

EMERGENCY SHELTER For adult men:Open as of 5:30pm

PHONE: 416-598-4898

Youth 16-24

LAWYERS FEED THE HUNGRY

130 QUEEN ST. W.



FOOD (TAKEOUT ONLY)

- Tue & Wed: 5 pm
- Thu: 6:45 am
- Sun: 10 am

NOTE: Dine-in starting mid June

PHONE: 416-947-3412

ALL SAINTS' CHURCH COMMUNITY CENTRE

315 DUNDAS ST. E. 0.85KM



- DROP-IN HOURS
- Mon, Tue, Thu: 8:30am-2:30pm
- Wed: 10:30am-3pm

FOOD

- Breakfast: Mon, Tue & Thu:9:30am
- Lunch: Mon to Thu: 12:30pm for drop in program - take out at 1:00pm in parking lot

PHONE: 416-368-7768

ADELAIDE RESOURCE CENTRE FOR WOMEN

67 ADELAIDE ST. E.



HOURS OF OPERATION Open 24/7. limited capacity

- Breakfast: 9am-10am Lunch: 12pm-12:45pm
- Dinner: 6pm-7pm
- PHONE: 416-364-7739

omen only, no children ealth card not needed

Capacity of 25 people indoors

FRED VICTOR: OPEN HOUSE DROP-IN

0.85KM 145 QUEEN ST. E. 0.85KM

(3) (2)

FOOD (TAKEAWAY AT THE WINDOW) FOOD (TAKEAWAY LUNCH) Mon-Fri: 10am-11am & 4pm-5:30pm

DROP-IN HOURS 11am-12:30pm

PHONE: 416-364-8228

ousing help Mondays 2-4pm; ID clinics Thursdays at 1:30pm

TORONTO COMMUNITY CRISIS SERVICE (TCCS)

Call 2-1-1 or 9-1-1 to access service

The Toronto Community Crisis Service (TCCS) is a new, alternate approach to responding to someone in crisis that focuses on health, prevention and well-being. The service provides an alternative to police enforcement, creating a community-based, client centred, traumainformed response to non-emergency crisis calls and wellness checks.

This service aims to respond to the needs and desires of the communities most impacted by policing and establish trust and confidence in a new community-based response model.

The service is available six days a week and closed on Saturdays, and serves individuals 16

AREAS OF SERVICE:

DOWNTOWN EAST

Boundaries:

- •North: Bloor St. E to the Prince Edward Viaduct
- ·East: Don River to Lakeshore Blvd. to the Don Roadway
- •West: Yonge St. to Dundas Square, East to Victoria St., Dundas St. E. Yonge St.

DOWNTOWN WEST (BEGINNING JULY 2022)

- •North: Canadian Pacific Railway Line
- East: Spadina Ave. and Lower Spadina Ave.
- South: Toronto shoreline •West:Dufferin St. South to Queen St., West to Roncesvalles Ave., South from Roncesvalles to

SALVATION ARMY GATEWAY

FOOD (TAKE OUT SERVICE)

Mon, Wed, Thu, Sat & Sun:

PHYSICIAN (BY APPOINTMENT)

Service is for people aged 23+

107 JARVIS ST.

Mon-Fri: 4pm

Tue: 9pm-12pm

PHONE: 416-368-8710

ST JAMES CATHEDRAL

Fri: 1:30pm-3:30pm

FOOT CARE CLINIC

(BY APPOINTMENT)

PHONE: 416-364-7865 X222

Health card not needed

• Thu: 9am-12pm

Fri: 1pm-3pm

106 KING ST. E.

NEED TO KNOW NUMBERS

TORONTO WITHDRAWAL MANAGEMENT SERVICES

- •Central:1-866-366-9513
- •Toronto Area: 416-864-5040

EMERGENCY

- •Police, fire, medical: 911 •Non-Emergency: 416-808-2222
- ASSAULTED WOMEN'S HELPLINE

•Toll-free: 1-866-863-0511

DISTRESS CENTRES Phone: 416-408-HELP (4357)

*24-hour telephone support for emotional and suicide intervention/prevention

GERSTEIN CENTRE

•Phone: 416-929-5200

*24-hour adult mental health crisis line

KIDS HELP PHONE

•Phone:1-800-668-6868

*24-hour, free, confidential, anonymous telephone counselling for youth

CENTRAL INTAKE 416-338-4766

TORONTO COMMUNITY CRISIS SERVICE

•Phone:211 or 911 *Individuals experiencing or witnessing a mental health crisis. Multidisciplinary crisis teams will respond to calls received based on the call type, location, and availability of

CLOTHING

DOWNTOWN TORONTO DROP-IN RESOURCE

DROP-IN AGENCIES WITHIN 1.7KM OF YONGE & DUNDAS

Summer/Fall 2023





















BEDS



PET FRIENDLY

TORONTO COUNCIL FIRE NATIVE **CULTURAL CENTRE**

439 DUNDAS ST. E. 1.2KM



- Mon: 1pm & 3:15pm
- 5pm-5:30pm (first come, first served) Tue, Wed, Thu: 9:30am & 1pm
 - Fri: 3:15pm
- HOUSING WORKER (BY APPOINTMENT) Sat-Sun: 9:30am & 1pm

Staff available to assist with academic PHONE: 416-363-4234 upgrading and skills development

PHONE: 416-360-4350



THE 519

1.4KM



SENIORS DROP-IN HOURS

 Mon & Wed: 2pm-4pm **FOOD (MEALTRANS)**

PHONE: 416-392-6874

• Tue: 5:30pm-8:30pm (for Trans-identifying individuals only)

TAKEAWAY MEALS Sun: 4pm-4:45pm

> FROZEN MEALS • Tue-Thu: 10am-12pm & 1pm-4:45pm

Services are for individuals who identif as LGBTQ2S+. Health card not needed

CRC: FRED VICTOR

40 OAK ST.

FOOD (TAKEAWAY MEALS)

- All meals Halal Mon through Sun Tue: 11am-3pm
- Mon, Tue, Thu, Fri: 9am-10am Mon. Tue. Thu. Fri: 12pm-1pm • Sun: 12:30am-2pm (Muslim

MARGARET'S TORONTO EAST

· Lunch: Everyday: 11am-12pm

PHONE: 647-367-2100

•Snacks: Everyday: 3pm-3:45pm

Welfare Canada)

DROP-IN CENTRE

323 DUNDAS ST. E.

60000

Health card not needed. Please call ahead in case of unexpected changes to service

SANCTUARY MINISTRIES



8097

Thu: 5pm-9pm PHONE: 416-922-0628, EXT. 210

SEEDS OF HOPE

6 ST. JOSEPH ST. 1.3KM

600

1.7KM

- FOOD (TAKEAWAY MEALS) / SHOWERS TAKEAWAY MEALS · Breakfast:Tue: 9am-12pm & Thu: 10am-
 - 11:30am • Lunch:Tue-Sat: 1pm-3pm

ACCESS

Urgent Needs: Tue - Fri: 11am - 5pm Food Bank (Drop-in): Tue-Fri: 1pm - 3pm Hot Meals: Tue & Thu: 1pm - 3pm

PHONE: 416-454-0288

HAVEN TORONTO

DROP-IN HOURS

0.85KM

170 JARVIS ST. 0.6KM

•Breakfast: Everyday:7am-8:30am Everyday: 8am-5pm

- Breakfast: Everyday:8am-9:15am • Lunch: Everyday:12pm-1:15pm • Snacks: Everyday:3pm-3:15pm

PHONE: 416-366-5377 X227

ACCESS

• Mail service, laundry and showers (for registered clients only): 9:30am-4:30pm

Men 50+ Health card not needed



